

### **ELEMIS EXOTIC LIME AND GINGER SALT GLOW**

Invigorated, cleansed and polished to perfection. A body exfoliation ritual to invigorate and revitalise the body. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless

**Recommended:** 1 treatment every 3 weeks.

**Duration: 30 min. Price: 43 EUR.**

### **ELEMIS CELLUTOX AROMA SPA OCEAN WRAP/FLOAT**

A deeply detoxifying blend to decongest and stimulate the system. Let thoughts drift away whilst being cocooned in a comforting foil wrap or unique dry float and treated to a pressure point facial massage and de-stress scalp treatment. Combining the richness of sea plants and Marine Algae, this therapy helps refine the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised and skin is left silky soft and smooth.

Greeting ritual (foot massage), exfoliation of the whole body, wrapping seaweed body mask, head massage, face massage, essential oils for the whole body.

**Recommended:** 2 treatments per week.

**Duration: 75 min. Price: 58 EUR.**

### **ELEMIS BODY SCULPTING CELLULITE AND COLON THERAPY**

Redefine and smooth your silhouette. Using the new clinically proven Elemis Body Sculpting System, your silhouette will be redefined. The Body Sculpting Lipo-Refining Serum and Body Sculpting Firming Cream target stubborn cellulite and sagging skin, for visible, rapid results. A detoxifying Fennel and Birch peel off body mask is also applied and combined with specialist massage techniques to deeply cleanse the body's systems, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps to detoxify the body, working from the inside out.

Greeting ritual (foot massage), exfoliation of the whole body, anti-cellulite cleaning mask for hips, belly massage (stimulating metabolism), head massage, body shaping cream (Body Sculpting Lipo-Refining Serum).

**Recommended:** 2 treatments per week for 4 weeks, afterwards 1 treatment per month.

**Duration: 60 min. Price: 58 EUR.**

### **ELEMIS COOLING HOT STONE BODY-FACIAL**

Experience the pure body indulgence of this luxurious massage along with the exceptional anti-ageing facial results designed to restore youthful radiance, alleviate stress and ease aching muscles. With an Ice-Cool Thermal Massage followed by a Hot Stone treatment, the combination of hot and cold leaves the body tingling all over. Next, you get to reap the rewards of an intensive anti-ageing signature facial of your choice. With all this pampering, you're guaranteed to leave refreshed, revitalised, and glowing - for all the right reasons.

Recommended treatment for future mummies – ELEMIS NURTURING MASSAGE FOR MOTHER-TO-BE.

**Recommended:** 1 treatment every 3 weeks or 1 treatment every 2 weeks. Course – 6 treatments. Consultation of specialist before the start of procedure. Not recommended for mothers-to-be.

**Duration: 60 min. Price: 58 EUR.**

### **ELEMIS MUSCLEASE AROMA SPA OCEAN WRAP/FLOAT**

Powerful seaweed wrap for complete muscle relaxation. Drift away whilst you are cocooned in a comforting foil wrap or unique dry float and treated to a pressure point facial massage and de-stress scalp treatment. Using a warming blend of Essential Oils, this specialised treatment helps ease aching, tense muscles.

Greeting ritual (foot massage), exfoliation of the whole body, wrapping seaweed body mask, head massage, face massage, essential oils for the whole body.

**Recommended:** 2 treatments per week.

**Duration: 75 min. Price: 58 EUR.**

### **ELEMIS EXOTIC COCONUT RUB AND MILK RITUAL WRAP/FLOAT**

Pure sensuality to enliven the senses. Warmed Elemis Skin Nourishing Milk Bath is poured all

over the body before being cocooned in a comforting foil wrap or unique dry float. This opulent exotic therapy is excellent for skin smoothing and softening, all combined with a pressure point facial massage and de-stress scalp treatment.

**Recommended:** 1 treatment every 3 weeks.

**Duration: 45 min. Price: 58 EUR.**

#### **ELEMIS EXOTIC FRANGIPANI BODY NOURISH WRAP/FLOAT**

For immediate softness and suppleness. Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi which is poured all over the body and then cocooned in a nourishing foil wrap or unique dry float. Drenching the skin with moisture, this exotic therapy provides ultimate radiance, vitality and all over body glow.

**Recommended:** 1 treatment every 3 weeks.

**Duration: 45 min. Price: 58 EUR.**

#### **ELEMIS AROMA STONE THERAPY**

Warm Basalt stones to melt away tension...

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

Not recommended for mothers-to-be. Recommended treatment for future mummies – NURTURING MASSAGE FOR MOTHER-TO-BE.

**Recommended:** 1 treatment every 2 weeks. Course – 6 treatments. Duration 75 mins. Consultation of specialist before the start of procedure.

**Duration: 75 min. Price: 58 EUR.**

#### **NURTURING MASSAGE FOR MOTHER-TO-BE**

Massage adapted to each stage of pregnancy. This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Specialised positioning on the unique Elemis beanbag is used to ensure the ultimate in safety, comfort and relaxation. Helping to relieve tension in the back and alleviating swelling in the hands and feet, while easing the mind and uplifting the spirit.

Back massage with gentle camellia oil, leg massage, hand and wrist massage, foot massage, belly massage (with your permission), face massage, head massage.

**Recommended:** 1 treatment every 21 days.

**Duration: 75 min. Price: 46 EUR.**

#### **ELEMIS TOTAL GLOW SELF TANNING TREATMENT**

The healthy way to radiant sun-kissed skin. We know the sun is good for the soul, but not necessarily for the skin, so fake it with this rich and sensual treatment. The Elemis Total Glow Self Tanning Cream mimics the skin's natural colour and helps give a warm glow within 2-3 hours.

**Duration: 60 min. Price: 58 EUR.**

#### **ABSOLUTE ELEMIS SPA RITUAL**

The ultimate skin and body therapy for maximum results. Choose from one of the unique Elemis Advanced Anti-Ageing or Skin Solutions Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage. Two hours of pure relaxation with dramatic results!

Greeting ritual (foot massage), exfoliation of the whole body, deep whole body massage, selected facial and head massage.

**Recommended:** 1 treatment a week.

**Duration: 120 min. Price: 87 EUR.**

#### **ELEMIS DE-STRESS BATH**

Soothing and romantic bath for one or two persons.

Maritime pine and rosemary essential oils have warming and soothing effects. The oils help to relieve muscle tension, to ease aching joints, neck and shoulders. The blend also contains seaweeds which nourish the skin with essential minerals.

**Duration: 30 min. Price: 23 EUR.**

### **ELEMIS DETOX BATH**

Pleasurable detoxifying bath for one or two persons.

The blend of detoxifying algae, sea buckthorn and sea fennel extracts with essential oils of juniper and lemon. This powerful combination works to help breakdown cellulite, combat the build up of toxins and inhibit fat storage.

**Duration: 30 min. Price: 23 EUR.**