

ELEMIS TOTAL TIME OUT FOR MEN

The ultimate skin and body therapy for men. Select either the Anti-Ageing Elemis Skin IQ+ or the Urban Cleanse Facial combined with the dynamic and immediate tension-relief of the prescribed Elemis Deep Tissue Muscle Massage. Achieve the ultimate goal of Total Time Out!

Duration: 120 min. Price: 87 EUR.

ELEMIS ADVANCED ANTI-AGEING FACIAL FOR MEN

Anti-Ageing booster for tired, stressed skin.

Charged with the clinically proven, anti-ageing Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.

Recommended: for all skin types, 1 treatment every 4 weeks.

Duration: 75 min. Price: 58 EUR.

ELEMIS ADVANCED PERFORMANCE FACIAL FOR MEN

Deep cleanse and complete skin detox. This super-grooming facial works overtime to help eliminate blocked pores, rapidly accelerates skin repair and neutralises impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

Recommended: for mixed and oily skin type, 1 treatment every 4 weeks.

Duration: 75 min. Price: 58 EUR.

ELEMIS DEEP TISSUE BACK MASSAGE

Minimum time, maximum tension-relieving results. Specifically targeting the back, shoulders and neck areas, where you need it most. Feet massage + back peeling + back massage.

Recommended: 2 treatments per week for the first month, then 1 treatment per month.

Duration: 30 min. Price: 26 EUR.

CHOOSE FROM:

- Stress-a-Way: Wind down and release the tension of the day. Performed with De-Stress Massage Oil
- Spirit Reviver: A powerful surge to invigorate and recharge. Performed with Cellutox Active Body Concentrate.
- Muscle Melt: Relax and re-energise a tired and aching body. Performed with Musclease Active Body Concentrate.
- Chakra Balancing: Reconnect your mind, body and soul. Performed with Exotic Frangipani Monoi Moisture Melt.

*Chakra – spiritual energy centers in the human body.

ELEMIS DEEP TISSUE MUSCLE MASSAGE

Deep, rhythmic pressure massage which combines ten different massage techniques. During this effective and individually fitted massage you will feel the tension going away and aching muscles relaxing. You will revive your senses. Masseur will create an individual and the most effective de-stressing combination of essential oils. Just before this deep whole body massage choose yet one more component of the combination – greeting ritual (foot massage) or whole body exfoliation.

Feet massage + full body peeling + body massage.

Recommended: 2 treatments per week.

Duration: 60 min. Price: 37 EUR.

CHOOSE FROM:

- Stress-a-Way: Wind down and release the tension of the day. Performed with De-Stress

Massage Oil

- Spirit Reviver: A powerful surge to invigorate and recharge. Performed with Cellutox Active Body Concentrate.
- Muscle Melt: Relax and re-energise a tired and aching body. Performed with Musclease Active Body Concentrate.
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ELEMIS DE-STRESS BATH

Soothing and romantic bath for one or two persons.

Maritime pine and rosemary essential oils have warming and soothing effects. The oils help to relieve muscle tension, to ease aching joints, neck and shoulders. The blend also contains seaweeds which nourish the skin with essential minerals.

Duration: 30 min. Price: 23 EUR.

ELEMIS DETOX BATH

Pleasurable detoxifying bath for one or two persons.

The blend of detoxifying algae, sea buckthorn and sea fennel extracts with essential oils of juniper and lemon. This powerful combination works to help breakdown cellulite, combat the build up of toxins and inhibit fat storage.

Duration: 30 min. Price: 23 EUR.